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Anatomy Physiology Yogic Practices Gore

Dr. Makarand Madhukar Gore received his initial education in Yoga from his Guru Sw. Janardan of Nagpur. After completing his post-graduation, he acquired education in Ayurveda, Yoga and Naturopathy. Since 1975 he worked for last 34 years in the field of research in Yoga, at Kaivalyadhama, Lonavla.

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Anatomy and Physiology of Yogic Practices: Understanding of the Yogic Concepts and Physiological Mechanism of the Yogic Practices By Dr. Makarand Madhukar Gore

Anatomy and Physiology of Yogic Practices - Divine Cart

The Anatomy and Physiology of Yogic Practices is a very well written book for students of Yoga as well as those studying alternative medicine because it is penned in a clear and lucid language so that the average person can also learn about the structure of the human body in relation to yogic practices.

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Sutras (Hindu teachings) which still serve as the guidelines for using yoga in daily life to attain health and gain freedom from diseases. Yoga can also help to achieve spiritual, mental and physical health and is the main reason why it now has become an international phenomenon.

Hatha Yoga - Authentic Indian Yoga

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Anatomy & Physiology of Yoga - Yoga Synergy

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Anatomy and Physiology of Yogic Practices

Functional anatomy of Cerebrum, Cerebellum, spinal cord.

Functions and importance of the parts of the brain viz.,

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cerebrum, pons, medulla, thalamus, hypothalamus, cerebellum and autonomic nervous system [sympathetic and parasympathetic]. Functional anatomy and physiology of eyes, ears, nose, tongue and skin.

Anatomy & Physiology - Distance Education Svyasa University

Anatomy and Physiology of Yogic Practices By M. M. Gore Asanas
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Anatomy and Physiology of Yogic Practices - Rudraksha Ratna

We offer accessible reviews of yoga and medical science for managing pain and stress, and improving function. We provide continuing education for healthcare professionals interested in incorporating yoga into clinical practice and yoga teachers who want to deepen their knowledge about anatomy, physiology and health conditions.

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